Class-III

Subject- EVS Teacher- Mrs. Surmeet Kaur

Topic- Lesson 2 <u>KEEPING SAFE AND HEALTHY</u>

Difficult words

1 Prevention

- 2 Carelessness
- 3 Electricity
- 4 Pedestrian crossing
- 5 Accidents
- 6 Cleanliness
- 7 First aid
- 8 Poisonous
- 9 Exercise
- 10 Harmful chemicals

EVS main book back exercise page no 21

1.

- a- iv
- b- i
- c- iii
- d- iv
- e- i

2.

- a- causes cut
- b- causes burns
- c- causes boils
- d- causes road accidents
- e- are poisonous

3.

- A- accidents
- B- before and after

- C- dust and flies
- D- knife or scissors
- E- First aid
- 4.
- A- false
- B- false
- C- true
- D- false
- E- true
- 5.
- \approx

EVS WORKBOOK EXERCISE PAGE NO 6

- 1.
- a- iv
- b-iii
- c- ii
- d- ii
- e- iii
- 2.
- A- false
- B- false
- C- true
- D- true
- E- false
- 3.
- A- oxygen/ clean air
- B- Breathe
- C-Garbage
- D -Sand

E- Fresh; healthy

4.

A first help

B cross the road

C electric shock

D dirt

E bad for health

5.

A balanced diet

B sleep

C accidents

D sharp objects

Question answer's Workbook page no 7

Q1 List 2 accidents that may happen in school.

A1 The 2 accidents that may happen in school are-

1. While playing or running on stairs.

2. Pushing or hitting each other.

Q2 Who requires a first aid?

A2 An injured or a sick person requires a first aid.

Q3 Why is exercise necessary for the body?

A3 Regular exercise keeps our body fit strong and healthy.

Q4 What is a first aid?

A4 First aid is the 1st or the immediate help given to an injured person.

Q5 How does food help our body?

A5 Healthy and clean food gives energy and nutrients to our body. It also protects us from diseases.